

*Thought for the week:*  
Following Jesus is simple, but not easy. Love until it hurts, and then love more.

Mother Teresa

A big thank you to everyone involved in any way in yesterday's Christmas Fayre. From the opening of the new kitchen by Bishop Mary, in the presence of our lovely Pam Griffiths' family, to the setters-up beforehand and the tidiers at the end, we are truly grateful. So much so that we intend to do the same next year! And on the subject of Christmas Fayres, St. Margaret's is on November 23rd, and St. German's on December 7th. Please support these where you can as they are a good source of revenue to keep our churches open.

The funeral of Fr Paul Bigmore is at 10am in St. Theodore's, Port Talbot, on Thursday, November 28th, with burial at Margam Cemetery at 11am.

Canon Stewart Lisk, our Ministry Area Leader, is to undergo long-awaited knee-replacement surgery on this coming Friday, November 22nd. He will be off work for at least 6 weeks. As a consequence, other ministers in the MA are being asked to provide cover for services wherever possible.

Thanks to all who donated coats for the Rotary Club's 'Wrap Up' appeal for homeless people and asylum seekers in Cardiff. St. Michael's provided 19 coats. The Cardiff area collected a total of 1,800 coats, and with three other Rotary clubs in Wales the total was over 4,000 - a wonderful result!

Tickets for St Michael's Christmas Draw are on sale for just two weeks between November 24th and December 6th. Tickets are £3 each, with one ticket per person. Every ticket receives a gift, delivered on December 14th.

**ST. MICHAEL'S, CATHAYS**

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Rev'd Caroline Downs  
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**Assistant Curate/  
Curad Cynorthwyol**

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**Warden/ Wardeniaid:**

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**Safeguarding Officer/Swyddog Diogelu :**

Angela Parr

**Ministry Area Leader/  
Arweinydd Ardal Gweinidogaeth :**

Rev'd Canon Stewart Lisk (029) 20487854

**Provincial Safeguarding Officer/  
Swyddog Diogelu y Dalaith**

Wendy Lemon 07392 319064

*Please contact Rev'd Caroline to arrange baptisms, marriages, banns, and Holy Communion for the sick and housebound. Please let Caroline know if anyone wishes to be prayed for, is ill or in hospital or would welcome a visit.*

Caroline is leading a short service of prayer and reflection for Advent on Saturday, November 30th, with refreshments served at 10am. The morning will end at midday. Please let Caroline know if you would like to come.

Every day is Safeguarding Day in the life of our church. In light of events in the Church of England, we remember in our prayers all those who have suffered in any way from harm and abuse by the Church Institutional, wherever it may be. We hold in our prayers those involved in appointing a successor to Justin Welby.



**THE CHURCH  
OF  
ST. MICHAEL &  
ALL ANGELS,  
CATHAYS**

**November 17th  
2024  
Kingdom 3  
Safeguarding  
Sunday  
Year B**

*All, all, all are offered a warm welcome to the church of St. Michael & All Angels in the Roath & Cathays Ministry Area. If you are new to the church please make yourself known to Caroline, our Vicar, or Gerry, our Warden, or any member of the congregation. Children are cared for at our Sunday morning service. Please join us for tea, coffee and biscuits after the service - we often have cake too!*

**THIS WEEK IN ST. MICHAEL'S**

**Sunday**

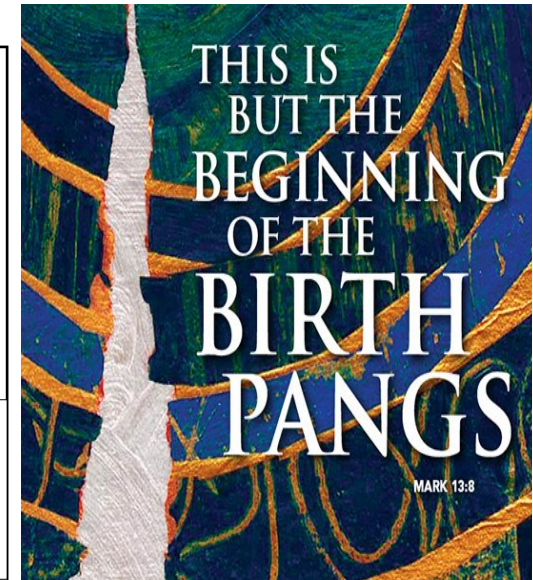
10am Holy Eucharist  
5pm Zoom Service

**Thursday**

2pm Holy Eucharist

For more detailed information on all our activities, please visit our website:

[www.parishofcathays.org](http://www.parishofcathays.org)



*Collect of the day:*

Heavenly Father, whose blessed Son was revealed to destroy the works of the devil and to make us the children of God and heirs of eternal life: grant that we, having this hope, may purify ourselves even as he is pure; that when he shall appear in power and great glory we may be made like him in his eternal and glorious kingdom; grant this for the sake of your Son Jesus Christ, to whom with you and the Holy Spirit, be the kingdom, the power and the glory, for ever and ever.

**AMEN.**

*Readings for next Sunday, Christ the King, are:  
Daniel 7:1-10,13,14; Revelation 1:4b-8; Psalm 93; John 18:33-37*

*The reader says: A reading from the Book of Daniel*

**Daniel 12: 1– 3**

At that time Michael, the great prince, the protector of your people, shall arise. There shall be a time of anguish, such as has never occurred since nations first came into existence. But at that time your people shall be delivered, everyone who is found written in the book. Many of those who sleep in the dust of the earth shall awake, some to everlasting life, and some to shame and everlasting contempt. Those who are wise shall shine like the brightness of the sky, and those who lead many to righteousness, like the stars forever and ever.

*Silence*

*Reader:* This is the word of the Lord.

*Response:* **Thanks be to God.**

## THE EPISTLE

SIT

*The reader says: A reading from the Letter to the Hebrews*

**Hebrews 10:11-14, 19-25**

Every priest stands day after day at his service, offering again and again the same sacrifices that can never take away sins. But when Christ had offered for all time a single sacrifice for sins, “he sat down at the right hand of God,” and since then has been waiting “until his enemies would be made a footstool for his feet.” For by a single offering he has perfected for all time those who are sanctified. Therefore, my friends, since we have confidence to enter the sanctuary by the blood of Jesus, by the new and living way that he opened for us through the curtain (that is, through his flesh), and since we have a great priest over the house of God, let us approach with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. Let us hold fast to the confession of our hope without wavering, for he who has promised is faithful. And let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching.

*Silence*

*Reader:* This is the word of the Lord

*Response:* **Thanks be to God.**

**Psalm 16**

STAND

Preserve me, O God, for in you have I / taken / refuge: I have said to the Lord, \* ‘You are my lord, all my / good de- / pends on / you.’

All my delight is upon the godly that are / in the / land: upon / those • who are / noble • in / heart.

† Though the idols are legion that / many run / after: their drink offerings of blood I will not offer, \* neither make mention of their / names up- / on my / lips.

The Lord himself is my portion / and my / cup: in your hands a- / lone / is my / fortune.

My share has fallen in a / fair / land: indeed, I / have a / goodly / heritage.

I will bless the Lord who has / given me / counsel: and in the night watches / he in- / structs my / heart.

I have set the Lord / always be- / fore me: he is at my right / hand; I / shall not / fall.

Wherefore my heart is glad and my / spirit re- / joices: my flesh / also shall / rest se- / cure.

For you will not abandon my / soul to / Death: nor suffer your / faithful • one to / see the / Pit.

† You will show me the path of life; \* in your presence is the / fullness of / joy: and in your right hand are / pleasures for / ever- / more.

## THE GOSPEL

STAND

*Priest:*

Listen to the Gospel of Christ according to Saint Mark

*Response:*

**Glory to you, O Lord**

**Mark 13: 1-8**

As Jesus came out of the temple, one of his disciples said to him, “Look, Teacher, what large stones and what large buildings!” Then Jesus asked him, “Do you see these great buildings? Not one stone will be left here upon another; all will be thrown down.” When he was sitting on the Mount of Olives opposite the temple, Peter, James, John, and Andrew asked him privately, “Tell us, when will this be, and what will be the sign that all these things are about to be accomplished?” Then Jesus began to say to them, “Beware that no one leads you astray. Many will come in my name and say, I am he! and they will lead many astray. When you hear of wars and rumours of wars, do not be alarmed; this must take place, but the end is still to come. For nation will rise against nation, and kingdom against kingdom; there will be earthquakes in various places; there will be famines. This is but the beginning of the birth pangs.”

*After the Gospel:*

This is the Gospel of the Lord.

*Response:*

**Praise to you, O Christ.**